

Providing the highest
level of care for you
or your loved one, in
the heart of Exeter.



Barton Place

— Nursing Home —

- Attentive & caring staff
- Second to none commitment to service and care
- High standards throughout
- Providing quality of life for all residents

Barton Place

At Barton Place, our mission is to champion the quality of life for all our residents. We strive to be recognised as a kind, passionate, and committed provider that offers care tailored to individual needs within our homely accommodations. Our caring staff embodies the values of dignity and respect, ensuring a positive experience for all residents. Our home is unique, serving as a welcoming space for families and their friends.

We specialise in advanced dementia and Alzheimer's care, with a high percentage of our residents experiencing varying levels of these

conditions. Our dedicated team is trained to support each individual's unique needs, ensuring that those with dementia receive compassionate, expert care designed to enhance their quality of life.

Barton Place has become known throughout Exeter as a trusted, specialist provider, where independence, choice, privacy, dignity, and respect are central to our approach. This gives our residents a great feeling of security and a family community they are proud to call their home.



Contact us today to request
a viewing or more info



Why Choose Barton Place Nursing Home?

- **Team dedicated to care**
All our staff are dedicated to care in the same way our management team is. We have dedicated our lives to caring for those who need us.
- **Championing quality of life**
We don't just want residents to exist in our homes, we want them to thrive with an improved quality of life. This is what drives every decision we make.
- **Constant training & improvement**
Our staff undergo consistent training and improvement, we are committed to superior care on a level few can compete with. Constant improvement and implementation of latest care methods is part of this.
- **High standard, always**
From our owner, all the way down, commitment to high quality, unmatched care and attention to detail filters throughout everything we do. It is what makes the BN Care Group, and Barton Place, a leader in its field.



OUR CARE

An Informed Choice

At Barton Place, we understand that planning around care can be an emotional and overwhelming time. We want to make sure that you are able to make the informed and right choice for your relative. We have many years' experience of working in care of the elderly and specialist care environments. Our focus is to provide nursing of the highest quality on a long-term or short-term basis and in a comfortable, welcoming and homely surroundings.

Advanced Dementia Care

We specialise in advanced dementia and Alzheimer's care, with a high percentage of our residents experiencing varying levels of these conditions. Our dedicated team is trained to support each individual's unique needs, ensuring that those with dementia receive compassionate, expert care designed to enhance their quality of life. Barton Place has become known throughout Exeter as a trusted, specialist provider, where independence, choice, privacy, dignity, and respect are central to our approach. This gives our residents a great feeling of security and a family community they are proud to call their home.

A Home from Home

We aim to provide a homely atmosphere and we encourage residents and relatives to personalise their loved one's bedrooms. Our Nursing care ethos is to encourage and promote independence but to be available and at hand to support those when help is needed in a secure and safe environment.

Our staff promote a feeling of being at home and part of a community, whilst still enabling residents to express themselves by various means that some may class as behaviours that challenge.

End of Life Care

When your loved ones Dementia leads to them approaching the last stages of their Dementia journey we will continue to support them in the environment that they have become familiar to and with staff who know your loved ones characteristics to make their last days as comfortable as possible for them and you.

Managed Partnerships

We have very close ties with our 2 local GP surgeries who complete a weekly round to care for their patient. We have a longstanding reputation for working very closely with the local Older Person mental health Team to support our resident as well as other health professionals or organisations to support in the care of your loved ones such as Admiral Nurses. We feel that partnerships not only cover the support for the resident but also for you and encourage all health professionals to include you in the decisions making processes.

Closely Monitored Care

The Manager and team are very skilled at managing the residents when they are anxious, agitated or distressed and cannot always clearly express their feelings. The team use various recognised methods to support each resident in a manner that suits or works for them. This can include close cohort monitoring, 1-1 monitoring, keeping in line of sight from a distance or just simply giving them a cuddle when they are emotionally upset. We try to continue the routine of your loved ones when they become unwell to decrease the level of stress and anxiety that this may cause for them.

Contact us today to request
a viewing or more info

ACCOMMODATION

Warm & Welcoming

Barton Place is an inviting and private space for residents and their families. We are proud of the work that we do within our home, ensuring life at the home is as stimulating and fulfilling as much as possible, within a kind, safe and caring environment.

Homely & Traditional

Our home is designed to have a homey feel for the residents but we are developing a programme of refurbishment and will improve the Dementia aspect of our care home for the residents with themes for each corridor and communal areas. Redesigning the garden to become a more inviting and sensory outside room for the residents.

Home Comforts

A programme of refurbishment aims for residents' bedrooms are to be beautifully decorated with modern, bright fittings and furnishings throughout, and are all equipped with call bell facilities and adaptability to have close monitoring equipment such as floor and chair sensor alarm.

We encourage our residents to personalise their rooms with pictures and photographs, they are welcome to bring personal items to ensure their comfort.

Our Gardens

Our home is fortunate to have rural views around the home due to its location on the edge of Exeter. We have a spacious outside garden area with a woodland walk, wild meadow and

developing the courtyard to have areas for residents to grow their own and use this space to stimulate all of the senses. We encourage relatives to spend to time out in this area with your loved ones and enjoy the wonderful space. We utilise this space in the event of an outbreak of infection to enable visits to continue. There are 2 interconnected sections of Barton with part of the building being listed and a purpose built extension at the rear.

Intimate & Personal

Barton Place is registered to accommodate 42 residents but we only have 41 bedrooms, we feel it is not appropriate for Dementia residents to share a bedroom. There are telephone points in the extension and all rooms have a TV point. We can support the residents to have the use of iPad for family connections like Facetime with prior arrangement and we are working on having internet connectivity for all bedrooms and areas of the home.



Popular Activities

- Exercise and movement
- Visits from local animal sanctuaries, pet therapies and care for pets
- Arts and crafts
- Cards and other games
- Music and entertainment
- Community engagement with local schools
- Bingo
- Gardening
- 1-1 time
- Sensory session
- Beauty and therapy sessions
- Weekly visits from external hairdresser
- External entertainers

Special Events

- Resident's birthdays
- Various Saints Day
- Burns Night
- St Patrick's Day
- Anniversaries, such as VE Day
- Christmas

Body, Mind & Spirit

We passionately believe that the body, mind and spirit are very closely linked and that keeping the body active, even for those who are perhaps less mobile or engaged than they once were, is essential to provide holistic care.

Active & Engaged

We want our residents to be as active and engaged as they can be, so we place a focus on the activities we offer. We have an appointed, dedicated Activity Coordinator who is tasked with creating a daily programme of events. Activities are designed around residents' interests, capabilities and hobbies.

Wide Ranging

With advancing age and the memory loss that comes with Dementia there are some things we may no longer be able to do. We believe it is important to offer and encourage new ventures, interests and activities so that life can remain as full and varied as possible alongside the memories and activities that can be recollected. Accordingly, we have an on-going activities programme.

Services

- Hairdressing available within the privacy of your room
- Chiropody
- Medical Appointments
- Personal shopping where required
- Visiting optician
- Private telephone lines if required
- Newspaper deliveries
- Visiting dental service
- Provision of toiletries (excluded from fees)
- *Some services may be at an additional, modest cost.

Contact us today to request
a viewing or more info





NUTRITION

Quality Ingredients

At Barton Place, we believe that everyone deserves a nutritional, well-balanced meal and we cater for a wide variety of dietary requirements. We have cooks, who uses quality, locally sourced, seasonal ingredients.

Home Made

We provide a quality menu with a range of choices for all our residents and offer a selection of snacks and refreshments throughout the day. Our home made cakes are to die for and really enjoyed by all of the residents and Barton Place kitchen team have been awarded Five star rating food hygiene rating for the past 3 years.

Sample Menu 1

■ **Breakfast:**

A selection of toast, cereal, fruit, tea and coffee

■ **Lunch:**

Shepherd's pie with vegetables

■ **Dessert:**

Pear sponge and ice cream

■ **Supper:**

Creamy cheese penne pasta and garlic bread

■ **Dessert:**

Crème caramel

Sample Menu 2

■ **Breakfast:**

A selection of toast, cereal, fruit, tea and coffee

■ **Lunch:**

Chicken mini fillets in mushroom sauce

■ **Dessert:**

Treacle tart and custard or double cream

■ **Supper:**

Haddock and cheddar cheese fishcakes with salad

■ **Dessert:**

Mousse

Sample Menu 3

■ **Breakfast:**

A selection of toast, cereal, fruit, tea and coffee

■ **Lunch:**

Roast beef and Yorkshire puddings

■ **Dessert:**

Apple strudel and custard

■ **Supper:**

Salmon, broccoli and pea risotto

■ **Dessert:**

Chocolate and vanilla swiss roll

Amenities

- In-house Religious services by our local Church of England vicar every month
- Local farm shop 5-minute walk.
- Exeter town centre 20-bus ride.
- Railway station 20-minute walk.
- Royal Devon & Exeter Hospital 10-minutes by car.
- Taxis always available. (excluded from fees)



Barton Place

— Nursing Home —

Wrefords Link, Cowley Bridge, Exeter EX4 5AX
01392 211099

www.bartonplace.co.uk
manager@bartonplace.co.uk

Find us on Facebook
[@Barton Place Nursing Home](#)